Forest Conservation through Efficient Cook Stoves in the Himalayas

This climate protection project involves the installation and maintenance of improved domestic cook stoves in remote areas in the Garo Hills in India. The stoves have improved combustion, resulting in less wood consumption for cooking, reduced carbon emissions, decreased indoor air pollution and less deforestation. At the same time, the project will enable communities to save time and invest resources and efforts into developing sustainable and homestay tourism as the villages are located near national parks.

The Garo people are an indigenous folk in the north east part of India residing in the state of Meghalaya and one of the few remaining matrilineal societies in the world. They still use open stoves extensively and rely on wood for fuel. These open stoves require a large amount of fuel and are very smoky which disproportionally affects women and children to household air pollution and can result in adverse health effects like respiratory illnesses and ischemic heart disease. Meanwhile, much more firewood needs to be extracted out of the neighboring forests and more time has to be spent by women and children for gathering and transporting the wood.

Efficient stoves lead to fewer health issues and avoid deforestation

In this project, improved cook stoves will be installed to replace the open stoves commonly used in the area. The improved stoves come with a patented air regulation technology that leads to better combustion i.e. increased efficiency and reduced smoke. The stoves reduce black carbon emissions by 40 per cent, reducing respiratory issues associated with indoor air pollution. The stoves meanwhile require 50 to 60 per cent less fuel and 50 per cent less cooking time to provide the same output. This
means that households regain time otherwise spent for gathering firewood and cooking; with more time, women have more opportunities, and children can do more schoolwork. Less fuel required also means reduced CO2 emissions and avoided deforestation.

Livelihood creation through sustainable tourism

The activity is implemented in cooperation with Global Himalayan Expedition (GHE). GHE is the first initiative of its kind in India. It combines development projects with a focus on providing clean energy, digital literacy, healthcare and climate protection, using sustainable tourism as a means to achieve a positive social impact. Their focus is on reaching out to marginalized communities living in the remotest parts of India, to promote sustainable and inclusive progress. This initiative has been recognized by the United Nations for its work on energy access and livelihood creation through tourism and has also won several awards at national and international arena. Since 2013, GHE has electrified more than 160 villages and impacted the lives of more than 100,000 villagers in the remote parts of India. This will be the initiative’s first improved cook stove project, and myclimate supports GHE to develop the project as a climate protection project.

This project contributes to 9 SDGs (as of end 2022):

Find out how myclimate reports these SDGs in our FAQ.

The following SDGs are verified by the Gold Standard:

- Gender equality: women regain time otherwise spent collecting firewood and cooking
- Affordable and clean energy: 25,000 households gain access to clean technology
- Climate action: Each stove avoids 2.5 t CO2 per year
- Life on land: Avoided wood harvest covers 50 ha of forest per year
These SDGs have been approved by myclimate:

1. No poverty
   - Reduced time for collecting firewood

3. Good health and well-being
   - Less respiratory and eye issues

4. Quality education
   - Increase number of youth and adults with information and communications technology (ICT) skills

8. Decent work and economic growth
   - Creation of 63 jobs and 343 part-time jobs to date

12. Responsible consumption and production
    - 62,500 t wood fuel saved per year