

Step by step: 11-day journey home from St.Moritz to Birmensdorf

Travel group

Average age: 16

Number of participants: 1

Education: Student

Priority of needs

Have fun

Be active / do sports

View landscapes / sights

Framework

max. 14 days in the summer vacations

Start: St.Moritz

Destination: Birmensdorf ZH

Means of transport actual trip (return trip):

On foot and by boat (via Lake Zurich)

Means of transport outward journey: Car or train
(From Birmensdorf to St.Moritz)

Key data of the trip

Period: Aug.23

Travel duration: 11 days

Total distance: km

CO2 emission: 4.7kg

Activities

Hiking, camping

Accommodation

Tent; Overnight stay with acquaintances; SAC huts;

Means of transport



What makes your trip climate friendly?

Every year I go on vacation with my family to St.Moritz. We usually go by car from Birmensdorf to St.Moritz, because we have a lot of luggage. I thought to see how long the route really is and to try out the most climate-friendly variant, I just hike it back. So you save a 2.5 hour car ride and see even more of nature. I stay overnight with friends, at campsites or in SAC huts. Whereby the dwellings are often kept very simple and usually also have renewable energy sources. If it is possible from the weather and luggage, I will also camp more often which also saves a lot of resources. The main activity is hiking which causes no CO2 emissions and since I hike home I don't need any means of transportation. Except for the boat which I use to get across Lake Zurich faster. The food I buy on the way from regional suppliers on the hiking route, because I am mostly in the mountains and the SAC huts and alpine restaurants offer mainly homemade specialties. The food I have to buy in advance, I buy in the supermarket.

Travel destinations: Engadine, Eastern Switzerland, Zurich

