

Via Alpina

Travel group

Average age: 21

Number of participants: 2

Education: Students

Priority of needs

View landscapes / sights

Be active / do sports

Have fun

What makes your trip climate friendly?

Arrival as well as return (to Vaduz / from Montreux) by train, in between on foot through the mountains. No other means of transport are planned. Meals will probably be vegetarian, depending on SAC huts (if possible regional products / specialties). If camping is possible / allowed, the spot will of course be left as found (garbage taken away and disposed of at the next opportunity, no damage to animals and plants). As little technology as possible, power for (emergency) phone via solar powerbank. "Washing" in mountain lakes, otherwise environmentally friendly hygiene items (toothpaste, possibly soap). Further details for the trip are not yet completely planned.

Framework

We hike in mid-June to early July from Vaduz to Montreux. Planned are about 19 stages + 1 recovery day (because of 50th birthday of the mother). We would like to camp (where possible), cook ourselves and generally stay away from as much technology / "luxury" as possible (possibly navigate with maps). Last summer we did something similar, 625km from Stockholm to Oslo, this time prefer to see mountains :)

Key data of the trip

Period: Jun.23

Travel duration: 21 days

Total distance: km

CO2 emission: 0kg

Activities

"Detox", enjoy nature, experience + overcome your limits, time to reflect and be grateful for what you take for granted.

Accommodation

Tent; SAC huts (where camping is not allowed/possible);

Means of transport



Travel destinations: Vaduz to Montreux

