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Travel group

Average age: 18

Number of participants: 3

Education: all are still in high school

Priority of needs

Have fun

View landscapes / sights

Recreate

What makes your trip climate friendly?

Traveling such a long distance (Switzerland - Northern Norway) can hardly be done completely climate friendly with any means of transportation. Nevertheless, we try to make it as good as possible. Since the three of us did an exchange year in Norway last year and totally fell in love with the country, we really wanted to travel back this summer and visit our friends and host families there. The trip to Norway by plane actually only takes a few hours, but we decided to take the train, which is a bit longer. This trip takes about three days. But we don't see any problem in that, because we can have a nice time during the longer travel time. In addition, we have almost one day to stay in Stockholm, so we also have the chance to discover a new city. We decided to travel with a tent, because it is the most practical option for us. Since we will not stay in one place, but travel from one to the next, we are not tied to any hotels to which we have to go. By traveling with the tent we save a lot on electricity (heat, etc.), water, space and are also more flexible. Within Norway we will travel mainly by public transport, i.e. buses, because in Northern Norway there are not really trains, but mainly buses or long distance buses. This way we share travel with many people, which is much better than if we would travel alone with a car, as this would need more fuel per person. Since we eat vegan anyway, we will of course continue this in Norway. Since much of the food in northern Norway cannot be grown/produced directly there, much of it is transported there by truck or plane, and this of course leads to greenhouse gas emissions. Therefore, we will make sure as much as possible that we can buy regional vegetables/fruits from local farms. Furthermore, we have planned our route in such a way that we will make as few unnecessary bus kilometers within Norway as possible. Therefore, we will travel from down in Helgeland up to Tromsø, so to speak. Since the train goes from Stockholm to Narvik, we will therefore first go down from there towards Helgeland.

In Norway, camping is allowed almost everywhere (at least 150 meters from the nearest house). With the help of a regional map, which shows protected regions, we will choose our campsites, so that we are definitely not in any regions where protected animals live. For example in Helgeland there are regions where the puffins live.

Travel destinations: Stockholm, Narvik, Helgeland, Lofoten, Vesterålen, Senja, Tromsø

Framework

- only time during the summer vacations -> these are different for all of us as we don't go to the same school -> makes planning more difficult
- travel without plane
- as cheap as possible, since we finance it ourselves
- travel with tent -> in Norway you are allowed to camp freely everywhere, which makes it easier
- vegan food: we will cook ourselves -> as simple as possible and still it should taste good

Key data of the trip

Period: Jul - Aug 23

Travel duration: 24 days

Total distance: 9037km

CO2 emission: 450kg

Activities

Hiking, relaxing, exploring new places, photography, swimming in the sea

Accommodation

Tent; Overnight stay with acquaintances;

Means of transport

