

Arme Schlucker / Donald Duck

Travel group

Age: 16 to 18 years

Number of participants: 3

Education: 3rd/2nd/1st grade high school

Expectations for the trip

We will gain a lot of experience as a group and also get to know a new country. Of course, we will also get closer to culture as we travel through bigger cities, but our focus will be on relaxing walking holidays where we get closer as friends.

Personal added value of the trip

We find it important to learn about different cultures within Europe in a non-school setting, as you learn so incredibly much more from such up-close contact and stress-free time with like-minded people than you would in a classroom.

We also find that you become much more aware of the importance of protecting the environment when you realise the beauty of our earth that needs to be protected. You realise again and again how wonderful nature and the environment are and their protection takes on a completely new, personal meaning.

We will also have to manage this trip on our own and learn to travel independently and to plan and budget this trip.

Impact of the trip on the environment and people

We knew from the beginning that flying would not be an option for any of us. We only travel by train, as we believe this is the most climate-friendly way to travel. We also agree that we will of course never camp in protected areas and will always leave our sleeping places cleaner than we found them, if possible.

Our biggest bone of contention was that with very little budget we didn't want to unnecessarily upset the local residents as ignorant travellers. We all know some Italian, so we decided to inform ourselves a little beforehand so as not to be disrespectful out of ignorance.

Changes through Shape Your Trip: We have not changed anything about our journey. We now know exactly how much CO₂.

Motivation for participation

Because climate neutrality is very important to us and always a big factor when we travel.

General conditions

- Duration min. 10 to max. 15 days
- Budget 1500 CHF
- Period: July 2022
- Planes and cars cannot be used
- Must take place within Europe

Key data of the trip

Duration of trip: 14 days

Total distance: 2473 km

CO₂ emission: 8.7 kg / person / day

Route

From	To	Km	Means of transport
Basel	Fiumicino	1021	Train
Fiumicino	RiservaNaturale Statale del Litorale Romano	6	on foot
RiservaNaturale Statale del Litorale Romano	Rom	6	on foot
Rom	Terracina	100	Train
Terracina	Neapel	124	on foot (in stages)
Neapel	Basel	1216	Train

Activities

We will mainly go hiking, as we want to buy an interrail ticket and can then walk along beautiful hiking routes. We will also swim a lot and visit the different cities.

Accommodation

We will have a tent with us and ask the respective community if we are allowed to stay overnight. If we are not allowed to do so, we will ask the local residents or sleep in a hostel.

