

Le ragazze del mercato

Travel group

Age: 19 to 25 years

Number of participants: 4

Education: 3rd year of secondary school

3rd year of technical college

2nd year of university

3rd year of technical school

Expectations for the trip

We would like to exceed our expectations and capabilities as well as discover new places and have fun with each other and the people we will meet on the trip.

Personal added value of the trip

This trip is important for us because we will be completely independent and free. We will decide if we want to take a break or not or if we want to continue a little longer or not. This trip will probably be difficult at times, but that is how you grow, by gaining experience, and it is more fun when you are well accompanied.

It is very important to plan at least the route you want to take and define the stages and days planned for each one, even if they will change somewhat during the trip. An essential element to prepare for this trip is the bicycle, since the entire trip will be done on it. Psychological preparation is very important, you must be motivated and expect to face any kind of problem.

Impact of the trip on the environment and people

It is a unique experience to be able to make such a long journey by bike. We would like to be able to show that it is entirely feasible and that it will be unforgettable. We do not deprive ourselves of travelling while being careful and protecting the environment. Maybe by meeting the inhabitants of the places we are going to, we will be able to show them and make them want to do such a trip again, without having to take the plane.

The main thing for our trip is the bicycle, for the outward journey in any case, and for the return we will take the train and in no case the plane, even if it is cheaper. The destination was chosen on the basis of the sea, as we want to go to the beach in the sun and be able to try surfing. As for accommodation, tenting and camping is planned as it is the best method for when travelling by bike, so we can be more free.

Changes through Shape Your Trip: No change

Motivation for participation

To show that you can have beautiful journeys even without taking the plane and make you want to do it again

General conditions

- Duration min. 5 to max. 21 days
- Budget 500 CHF
- Period: July
- Aircraft cannot be used
- Must take place within Europe

Key data of the trip

Duration of trip: 21 days

Total distance: 2378 km

CO₂ emission: 1.38 kg / person / day

Route

From	To	Km	Means of transport
Friburgo	Côte Sauvage	802	Bike
Côte Sauvage	Saint-Sébastien	376	Bike
Saint-Sébastien	Friburgo	1200	Train

Activities

In addition to cycling every day, we would like to stop a few days on Côte Sauvage to take surfing lessons, as well as stay on the beach. then we will plan directly when we get to the stage.

Accommodation

We will take tents with us so we will mostly stay in campsites. But if we can't find any, for example in big cities, we will favour hostels as we are a group of four.

