Les aventuriers écolos

Travel group
Age: 17 to 18 years
Number of participants: 14
Education: Apprentice Commercial Clerk 2nd year of apprenticeship

Expectations for the trip
Local and seasonal products, respect for the environment and the population, strengthening of group cohesion within the class, sustainable class trip with minimal CO₂ emissions.

Personal added value of the trip
This trip is very important for our group because it could strengthen our relationships with each other and promote better group cohesion. It is also very close to our hearts because we want to show our classmates, teachers and subsequent students that it is possible to organise a class trip that is fun but environmentally friendly at the same time. When planning this trip, we realised that there are many more ways to plan a sustainable trip to Switzerland than we thought. It is very important that the participants of this trip have fun but respect the environment at the same time.

Impact of the trip on the environment and people
The issues that were most important to us when planning were transport, activities, accommodation and also the destination. For the means of transport, we made sure to consume as little CO₂ as possible, which is why we chose to do our activities by bike. In terms of activities, we decided to either do something in nature or environmentally friendly activities. For the accommodation, we decided to go for sustainable accommodation that is specifically designed for school trips of this kind. So our main considerations were to respect the environment and to avoid or at least reduce CO₂ emissions as much as possible. For this reason, we decided to prepare all meals ourselves and to consume local and seasonal products.

Changes through Shape Your Trip: We have not changed anything in the Shape Your Trip competition. We have planned a sustainable trip, and therefore do not know what to change.

Motivation for participation
To show that it is possible to organise our study trip last year.

General conditions
- Budget CHF 700
- Period: October 2022

Key data of the trip
Duration of trip: 5 days
Total distance: 810.8 km
CO₂ emission: 7.14 kg / person / day

Route
<table>
<thead>
<tr>
<th>From</th>
<th>To</th>
<th>Km</th>
<th>Means of transport</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bienne</td>
<td>Vergeletto</td>
<td>295</td>
<td>Train and Bus</td>
</tr>
<tr>
<td>Val Verzasca</td>
<td>Vergeletto</td>
<td>41</td>
<td>Bike</td>
</tr>
<tr>
<td>Vergeletto</td>
<td>Bellinzona</td>
<td>46.3</td>
<td>Bike</td>
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<tr>
<td>Bellinzona</td>
<td>Vergeletto</td>
<td>46.3</td>
<td>Bike</td>
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<tr>
<td>Vergeletto</td>
<td>Ascona</td>
<td>23.1</td>
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<tr>
<td>Ascona</td>
<td>Vergeletto</td>
<td>23.1</td>
<td>Bike</td>
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<td>Bienne</td>
<td>295</td>
<td>Bus and Train</td>
</tr>
</tbody>
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Activities
The aim of our trip is to show our fellow students and teachers a different region of Switzerland. But all in harmony with nature. For this stay we have planned the following activities with trips by bike:
- Excursion to the Verzasca Valley
- Exploring Bellinzona and its castles
- Exploration of Ascona and activities on the lake

Accommodation
We plan to rent a small rustico for school trips of the same kind as ours, i.e. sustainable and environmentally friendly school trips. We also plan to prepare all the meals ourselves.