

Les aventuriers écolos

Travel group

Age: 17 to 18 years

Number of participants: 14

Education: Apprentice Commercial Clerk 2nd year of apprenticeship

Expectations for the trip

Local and seasonal products, respect for the environment and the population, strengthening of group cohesion within the class, sustainable class trip with minimal CO₂ emissions.

Personal added value of the trip

This trip is very important for our group because it could strengthen our relationships with each other and promote better group cohesion. It is also very close to our hearts because we want to show our classmates, teachers and subsequent students that it is possible to organise a class trip that is fun but environmentally friendly at the same time. When planning this trip, we realised that there are many more ways to plan a sustainable trip to Switzerland than we thought. It is very important that the participants of this trip have fun but respect the environment at the same time.

Impact of the trip on the environment and people

The issues that were most important to us when planning were transport, activities, accommodation and also the destination. For the means of transport, we made sure to consume as little CO₂ as possible, which is why we chose to do our activities by bike. In terms of activities, we decided to either do something in nature or environmentally friendly activities. For the accommodation, we decided to go for sustainable accommodation that is specifically designed for school trips of this kind. So our main considerations were to respect the environment and to avoid or at least reduce CO₂ emissions as much as possible. For this reason, we decided to prepare all meals ourselves and to consume local and seasonal products.

Changes through Shape Your Trip: We have not changed anything in the Shape Your Trip competition. We have planned a sustainable trip. and therefore do not know what to change.

Motivation for participation

To show that it is possible to organise our study trip last year.

General conditions

- Budget CHF 700
- Period: October 2022

Key data of the trip

Duration of trip: 5 days

Total distance: 810.8 km

CO₂ emission: 7.14 kg / person / day

Route

From	To	Km	Means of transport
Bienne	Vergeletto	295	Train and Bus
Vergeletto	Val Verzasca	41	Bike
Val Verzasca	Vergeletto	41	Bike
Vergeletto	Bellinzona	46.3	Bike
Bellinzona	Vergeletto	46.3	Bike
Vergeletto	Ascona	23.1	Bike
Ascona	Vergeletto	23.1	Bike
Vergeletto	Bienne	295	Bus and Train

Activities

The aim of our trip is to show our fellow students and teachers a different region of Switzerland. But all in harmony with nature. For this stay we have planned the following activities with trips by bike:

- Excursion to the Verzasca Valley
- Exploring Bellinzona and its castles
- Exploration of Ascona and activities on the lake

Accommodation

We plan to rent a small rustico for school trips of the same kind as ours, i.e. sustainable and environmentally friendly school trips.

We also plan to prepare all the meals ourselves.

